

SAFETY SEALED. DO NOT USE IF  
PRINTED SEAL UNDER CAP IS  
CUT, TORN, OR MISSING.

exchange  
select™

NATURAL SOURCED  
**VITAMIN E**  
**400 IU**



EVERYDAY HEALTH\*

• PROMOTES CARDIOVASCULAR HEALTH\*

100 SOFTGELS  
DIETARY SUPPLEMENT

quality  
value

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin E 400 IU	1333%

**INGREDIENTS:** *d*-Alpha Tocopheryl Acetate, Gelatin, Soybean Oil, Glycerin, Purified Water USP. **Contains: Soy.**

**Directions:** Adults - Take one softgel daily with food as a dietary supplement.

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).

**NO ARTIFICIAL COLORS OR FLAVORS**  
**NO GLUTEN • NO LACTOSE • NO TRANS FAT**

Vitamin E, one of the antioxidant essentials, helps prevent cellular membrane damage caused by chemical substances called free radicals. Vitamin E also helps promote cardiovascular health.\*

**Warning:** Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**"SATISFACTION GUARANTEED  
OR YOUR MONEY BACK."**

Manufactured for:  
Your Military Exchanges By:  
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FRESHNESS AND POTENCY GUARANTEED THROUGH:

136755  
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