

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

Taken every day, Sambucus Black Elderberry helps support your overall health and wellness.\* Elderberry contains flavonoids. Vitamin C and Zinc play an important role in maintaining a healthy immune system and provide antioxidant support.\*



**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO REORDER ITEM # 32967**

[www.puritan.com](http://www.puritan.com)

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Carefully Manufactured by  
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# SAMBUCUS

## BLACK ELDERBERRY LIQUID EXTRACT

- Antioxidant Support\*
- Plus Vitamin C for the Immune System\*



Dietary Supplement

4 fl. oz. (118.29 mL)

**DIRECTIONS:** For adults, take two (2) teaspoons (10 mL) daily, preferably with meals.

## Supplement Facts

Serving Size 2 Teaspoons (10 mL)

Servings Per Container about 12

| Amount Per Serving                                           |                  | % Daily Value |
|--------------------------------------------------------------|------------------|---------------|
| Calories                                                     | 20               |               |
| Total Carbohydrate                                           | 4 g              | 1%**          |
| Total Sugars                                                 | 4 g              | ***           |
| Includes 4g Added Sugars                                     |                  | 8%            |
| Vitamin C (as Ascorbic Acid)                                 | 110 mg           | 122%          |
| Zinc (as Zinc Gluconate)                                     | 2.6 mg           | 24%           |
| Black Elderberry Powder<br>( <i>Sambucus nigra</i> ) (fruit) | 3,800 mg (3.8 g) | ***           |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Purified Water, Dried Cane Syrup, Citric Acid, Natural Elderberry Flavor, Potassium Sorbate (preservative).

No Artificial Color, Flavor or Sweetener, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.