

Unvarnished Area

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 6020
www.puritan.com
1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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www.puritan.com



Fenugreek



610 MG

**SUPPORTS OVERALL
WELLNESS***

NATURAL WHOLE HERB
Herbal Supplement

100 CAPSULES

DIRECTIONS: For adults, take one (1) capsule three times daily, preferably with meals. Capsules may be opened and prepared as a tea.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Fenugreek (<i>Trigonella foenum-graecum</i>) (seed)	610 mg **

**Daily Value not established.

Other Ingredients: Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

Puritan's Pride's preservative-free gelatin capsules contain pure milled herb powder.

Puritan's Pride's Natural Whole Herb products utilize ground plant parts.

Puritan's Pride's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.