

B-COMPLEX SUPPLEMENT

Z-BEC®

Zinc and B-Complex Vitamins plus
Vitamin E and Vitamin C

60 CAPLETS

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	% Daily Value
Vitamin C 600 mg	1000%
Vitamin E 45 IU	150%
Thiamin 15 mg	1000%
Riboflavin 10.2 mg	600%
Niacin 100 mg	500%
Vitamin B6 10 mg	500%
Folate 400 mcg	100%
Vitamin B12 6 mcg	100%
Biotin 300 mcg	100%
Pantothenic Acid 25 mg	250%
Zinc 22.5 mg	150%

INGREDIENTS: Ascorbic Acid, Microcrystalline Cellulose, Niacinamide, Calcium Carbonate, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, dl-Alpha Tocopheryl Acetate, Gelatin, Dicalcium Phosphate, Zinc Oxide, D-Calcium Pantothenate. Contains 2% or less of biotin,

carnauba wax, cyanocobalamin, FD&C blue no. 1 lake, folic acid, magnesium stearate, maltodextrin, polyethylene glycol, pyridoxine hydrochloride, riboflavin, silicon dioxide, sodium benzoate, sorbic acid, stearic acid, thiamine mononitrate, titanium dioxide.

International Vitamin Corporation
500 Halls Mill Road, Freehold, NJ 07728
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www.ivcinc.com

DIRECTIONS: Adults - One caplet daily with food as a dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN.
Store at 15° - 30°C (59° - 86°F).

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Questions? Comments? Call 1-888-698-5032
weekdays 8:30 a.m. - 5:00 p.m. (Eastern Time)

FRESHNESS AND POTENCY GUARANTEED THROUGHOUT

137530
517331
68962-24

An active, high-energy lifestyle can deplete your body of essential vitamins and minerals.
Z-BEC® replaces these nutrients daily!

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Z-BEC®

The Z-BEC formula includes Folic Acid and Biotin for a more complete B-complex to provide optimum energy producing benefits!*

An intake of Vitamins B6, B12, and Folic Acid may help maintain low homocysteine levels. Z-BEC's high potency formula contains the Folic Acid needed to break down homocysteine and support a healthy cardiovascular system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

B-COMPLEX SUPPLEMENT

Z-BEC®

**PLUS
ZINC**

**Vitamin E
600 mg
Vitamin C**



**With
Folic Acid
and Biotin!**

60 CAPLETS

Z-BEC®

Your high-energy lifestyle can deplete your body's reserves of certain vitamins and minerals.

Z-BEC® works to restock your body with important nutrients, including:

Zinc: Assists immune system and overall recuperation.*

B-Complex Vitamins: Aid in converting food into energy. Help cells function normally.*

E: Serves as an antioxidant.*

C: Promotes cell growth and repair.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.