

USAGE: Take 1 softgel 1 to 2 times per day with meals or as directed by your qualified health care consultant.

GLA-240 is a cold pressed, hexane-free and stabilized oil from borage (*Borago officinalis*) seeds. Borage Oil is the highest-potency source of **GLA** available.

Keep out of the reach of children.



02211SG240
PROD # 109009

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Lot #. Best Used Before:

Jarrow FORMULAS®

Borage GLA-240

**Cold
Pressed
Hexane
Free**



240 mg of Gamma-Linolenic Acid Per Softgel

120 Softgels
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel Servings Per Container 120

	Amount Per Softgel	% DV
Calories	9	
Total Fat	1 g	2%
Gamma-Linolenic Acid (GLA) (from borage seed oil) (<i>Borago officinalis</i>)	240 mg	*

Percent Daily Values are based on a 2,000 calorie diet.

* Need in Human Nutrition not established.

Other Ingredient: Gamma tocopherol. Softgel consists of gelatin, glycerin and water.

Contains: Soy (in trace amounts).

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

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