

Warning: Do not use this product if pregnant, nursing, have diabetes, or under the age of 12. Do not exceed recommended dose of three tablets in a 24 hour period, or take longer than the maximum dosage for more than two weeks as frequent or prolonged use may result in dependence. Do not use when abdominal pain, nausea or vomiting are present. Consult a healthcare professional if you notice a sudden change in bowel habits that persist over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional. If taking any medications, consult a healthcare professional before use.

Recommendation: **Day 1 through 7:** three tablets at bedtime with 8 ounces of water. **Day 8 through 14:** two tablets at bedtime with 8 ounces of water. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use.

Contains no sugar, salt, yeast, wheat, gluten, dairy products, artificial colors, flavors, preservatives or ingredients of animal origin.

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Gentle

Intestinal Formula

DIETARY SUPPLEMENT

Cleansing Herbal Blend

- Supports comfortable elimination*
- No harsh ingredients
- Vegetarian

35 TABLETS

Supplement Facts

Serving Size 3 tablets / Servings per container 11

Amount per 3 tablets		%DV
Calories	10	
Total Carbohydrate	1 g	<1%
Dietary Fiber	1 g	4%†
Magnesium Hydroxide	2.6 g	**
Proprietary Mucilage Blend marshmallow root extract, slippery elm bark, and fenugreek seed extract	650 mg	**
Burdock Root Extract	300 mg	**
Proprietary Soothing Blend fennel seed, ginger rhizome extract, and peppermint leaf	150 mg	**
Red Clover Blossom Extract	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, stearic acid, modified cellulose gum, modified cellulose, magnesium stearate, vegetable glycerin, silicon dioxide, soy lecithin.