

USAGE: Take 1 capsule per day or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Jarrow FORMULAS® Milk Thistle (*Silybum marianum*) 30:1 concentrate is standardized to contain 80% **total Milk Thistle seed flavonoids**, including the important **Silymarin** fractions isosilybinins A and B, silybinins A and B, silychristin and silydianin.

This particular group of flavonoids, collectively known as Silymarin, supports liver function by raising protective glutathione levels.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PROD # 114029

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Jarrow FORMULAS®

Milk Thistle

**Standardized Silymarin
Extract 30:1**



**Protects
Liver Function***

150 mg 200 Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 200

	Amount Per Capsule	% DV
Milk Thistle Seed 30:1 Extract (<i>Silybum marianum</i>) (80% total flavonoids)	150 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

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Los Angeles, CA 90035-4317

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Lot #. Best Used Before: