

PLANETARY[®]

HERBALS

FULL SPECTRUM™

PUMPKIN SEED OIL

BOTANICAL SUPPORT FOR THE PROSTATE*

1,000 MG • 180 SOFTGELS

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 90

	Amount Per Serving	%DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Monounsaturated	0.5 g	†
Polyunsaturated	1 g	†
Protein	1 g	2%*
Pumpkin Seed Oil	2 g	†
*Percent Daily Values (%DV) are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels 2 to 3 times daily.

STORE IN A COOL, DRY PLACE.

Pumpkin seeds have been used historically to provide nourishing support to the prostate. They are rich in zinc, which is vital for normal prostate function.* Unlike many other pumpkin seed oil supplements, Planetary Herbals **FULL SPECTRUM™ PUMPKIN SEED OIL** is cold-pressed without the use of toxic chemical solvents.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. Natural plant variations may affect softgel color.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

PF0750 REV F131

Manufactured for:
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