

Composed of a balanced blend of essential B Vitamins, HI-B100 provides a super dose to support energy production throughout the day.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES KOSHER-PARVE

NO YEAST OR WHEAT
NO SOY, MILK OR SALT
NO PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



01M17NL



Dietary
Supplement

100 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country
Life

HI-B100

Certified Gluten-Free

- Supports energy**
- Super potency dose
- B Vitamins complex

Directions: Adults take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Thiamin (vitamin B1)(as thiamine hydrochloride)	100 mg	6,667%
Riboflavin (vitamin B2)	100 mg	5,882%
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine hydrochloride)	100 mg	5,000%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Biotin (as d-Biotin)	100 mcg	33%
Pantothenic Acid (as calcium d-pantothenate)	100 mg	1,000%
PABA (para-aminobenzoic acid)	100 mg	*
Inositol	100 mg	*
Choline (from 100 mg of choline bitartrate)	41 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, organic coating (tapioca maltodextrin, sunflower lecithin, sustainable palm oil, guar gum), silica, magnesium stearate, natural vanilla flavor.

CAUTION: If you are pregnant or nursing, taking medication, or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59° - 86°F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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