

Coenzyme B-Complex contains essential B Vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years now includes Methylfolate (Quatrefolic®) – the most advanced form currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor.

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

NO YEAST, WHEAT OR SOY
NO MILK, SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

Quatrefolic® is a registered trademark of Gnosis, SpA. Covered by one or more claims of U.S. Patent # 7,947,662 CAS# 1181972-37-1. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**
Exclusive packaging for iHerb.
Lot No:

Best by:



Quatrefolic®

This product has been manufactured at a GMP Registered facility.



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Dietary Supplement **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country Life

COENZYME B-COMPLEX CAPS

Certified Gluten-Free

- NOW with Methylfolate
- Supports Energy**

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 60

Amount Per Serving	% Daily Value	
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	50 mg	3,333%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg	2,941%
Niacin (as inositol hexaniacinate)	100 mg	500%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	80 mg	4,000%
Folate (as folic acid, (6S)-5-Methyltetrahydrofolate-glucosamine salt)	800 mcg	200%
Vitamin B12 (as dibenzoyl, methylcobalamin)	500 mcg	8,333%
Biotin (as d-Biotin)	200 mcg	67%
Pantothenic Acid (as pantothen, calcium d-pantothenate)	50 mg	500%
Inositol (from 130 mg inositol hexaniacinate)	27 mg	*
Phosphatidylcholine (from sunflower lecithin)	36 mg	*
PABA (para-aminobenzoic acid)	50 mg	*
alpha-Lipoic Acid	100 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, L-leucine, silica.
CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 6419PL