



Suggested usage: 1 capsule 2–3 times per day with meals or as directed by a health professional.

Warning: For occasional use only. May cause drowsiness. Do not drive or engage in activities requiring alertness. Do not take with other sedative medication or alcohol. Do not exceed recommended dose except on the advice of a health professional. Do not take if you are pregnant or breastfeeding except on the advice of a health professional. Medication may cause increased photosensitivity; avoid prolonged exposure to sunlight.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

St. John's Wort Extract (*Hypericum perforatum*) is standardized to contain 0.3% hypericin. Scientific research shows that St. John's Wort may support mood and emotional well-being.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



Recyclable container and label.



St. John's Wort

0.3% Hypericin

300 mg · 90 Capsules

MOOD SUPPORT*



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
St. John's Wort Extract (<i>Hypericum perforatum</i>) (aerial)	300 mg**
Hypericin (0.3%)	900 mcg**

** Daily Value not established.

Other ingredients: Rice powder, gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade), silica.

LOT & EXPIRY 1.3125" x .25" Single Line

