

USAGE: Take 2 capsules per day divided between two meals or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications, consult your health care practitioner before using this product.

Jarrow FORMULAS® Skin L&P™ combines the best of nutritional and herbal support for skin health. **Glutathione** is one of the body's most important protective agents for both skin and liver and plays an important role in regulating melanin activation in response to sunlight.* It has been clinically tested for supporting skin tone.* **Tocotrienols** and **astaxanthin** have been studied in human subjects for supporting skin health and tone.* **Hydroxytyrosol** has been shown to augment intracellular glutathione levels in the skin.* **Alpha lipoic acid** and **vitamin C** support the effects of the other ingredients.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Jarrow
FORMULAS®

JARROW
skin health
SYSTEM

Clinically Tested
Ingredients*

Skin L&P™

Lightens and Protects*

Supports Smooth and
Luminous Skin*

60 Capsules
Dietary Supplement

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as calcium ascorbate)	100 mg	167%
Glutathione	500 mg	*
Alpha Lipoic Acid	100 mg	*
Tocotrienols (as d-alpha, -beta, -gamma and -delta) (Tocomin® Palm Tocotrienol-Tocopherol Complex)	40 mg	*
Hydroxytyrosol (<i>Olea europaea</i>) (fruit) (Hytolive™, 14% hydroxytyrosol)	10 mg	*
Astaxanthin (from <i>Haematococcus pluvialis</i>)	2 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide, and cellulose. Capsule consists of gelatin and titanium dioxide.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and Formulation™

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07311SKINLP PROD # 129058



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