

# PLANETARY®

## HERBALS

### FULL SPECTRUM™

# NOPAL CACTUS

## PRICKLY PEAR CACTUS

### 1,000 MG • 120 TABLETS

HERBAL SUPPLEMENT

Approved by  
Michael Tierra L.Ac, O.M.D.



## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving %DV |       |    |
|------------------------|-------|----|
| Calcium                | 27 mg | 3% |
| Prickly Pear Leaf      | 1 g   | †  |

†Daily Value not established.

Other ingredients: silicified microcrystalline cellulose, dibasic calcium phosphate, stearic acid, silica, and modified cellulose gum.

**Suggested Use:** 1 tablet daily with a meal. Take with a full 8 ounces of water or liquid.

**CAUTION:** Do not use if you are pregnant, may become pregnant, or breastfeeding. If you are taking hypoglycemic drugs for diabetes consult your physician before using this product.

STORE IN A COOL, DRY PLACE.

Nopal (Opuntia spp.) also known as prickly pear cactus, has been one of the most important botanicals consumed as a health-promoting food for centuries. The cactus contains a wide array of beneficial compounds, including antioxidants, that are important for overall health. **FULL SPECTRUM™ NOPAL CACTUS** consists of flesh of the cactus "leaf", also called stem or pad, for a full spectrum of nopal activity.\*

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:  
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