

PLANETARY™

HERBALS

FULL SPECTRUM™

# DONG QUAI

PREMIER FEMALE TONIFIER

550 MG • 120 CAPSULES

HERBAL SUPPLEMENT

Approved by  
Michael Tierra L.Ac, O.M.D

*Michael Tierra*

## Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving	
Dong Quai Root	1.1 g†

†Daily Value not established.

Other ingredients: gelatin (capsule).

**Suggested Use:** 2 capsules daily.

**WARNING:** Not for use during menstruation or pregnancy unless you are under the supervision of a physician. Dong quai should not be used by those with diarrhea, hemorrhagic diseases, or excessive menstrual flow. If you are using any anti-coagulant or blood thinning medication such as warfarin or aspirin, consult your health care professional prior to using this product. Discontinue use prior to undergoing surgical procedures.

Dong quai is one of the most relied upon herbs worldwide to support a healthy female cycle. Used to build blood and promote pelvic circulation, it has remained one of the premier tonifiers of Chinese herbalism for more than 1000 years\*. Planetary Herbs **FULL SPECTRUM™ DONG QUAI** is prepared from the entire root - not just parts of the root - for balanced activity.

STORE IN A COOL, DRY PLACE.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:  
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