



Sleep Relax

with Valerian & Hops

90 Capsules

SUPPORT FOR A RESTFUL NIGHT'S SLEEP*



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
Valerian Extract (<i>Valeriana officinalis</i>) (root)	100 mg**
Valerenic Acids (0.8%)	0.8 mg**
Scullcap (<i>Scutellaria lateriflora</i>) (aerial)	100 mg**
Passion Flower Extract 4:1 (<i>Passiflora incarnata</i>) (flower)	50 mg**
Hops Extract 5:1 (<i>Humulus lupulus</i>) (flower)	25 mg**
Hops (<i>Humulus lupulus</i>) (flower)	50 mg**

** Daily Value not established.

Other Ingredients: Gelatin capsule (gelatin, purified water), rice powder.

LOT & EXPIRY 1.3125" x .25" Single Line



Suggested usage: 1 capsule 1–3 times around bedtime or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children. **For adults only.** This product may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of valerian.

Natural Factors Sleep Relax Formula is a synergistic blend of calming herbs that help with occasional sleeplessness.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
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Purity & Potency
Guaranteed

Recyclable container and label.