

Looking for an energy boost? This methylated form of B12 easily digests and is quickly absorbed into your body.* Suitable for vegetarians and vegans.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO GMOs OR YEAST
YES CERTIFIED VEGAN BY THE AVA	NO MILK, SOY OR SALT
YES RECYCLABLE PACKAGING	NO SUGAR OR PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS, SWEETENERS OR FLAVORS
YES KOSHER	NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.
Lot No:

03D17NL

Best by:



K

Dietary Supplement **60** Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country Life

**METHYL
B12**

1000 mcg

Certified Gluten-Free

- Supports energy and stamina*
- Tastes great



Directions: Adults take one (1) lozenge daily and allow to fully dissolve in mouth before swallowing. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%

Other Ingredients: Xylitol, cellulose, stearic acid, dextrin, natural cherry flavor, organic rebaudioside A, silica.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 6300