

Yummy healthy goodness! Easy to chew and delicious flavor, Vitamin B12 helps convert carbohydrates, fats and proteins into energy, as well as plays a key role in the function of the nervous system.*** B12 is essential for the production of red blood cells, which help to deliver oxygen to the body.***

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER

NO YEAST, WHEAT OR SOY
NO MILK OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS
OR SWEETENERS
NO MAGNESIUM STEARATE
NO GMOs

Lot No:

Best by:



This product has been manufactured at a GMP certified facility.

ESTABLISHED
— 1971 —
**Country®
Life**

**B12
GUMMIES**

850 mcg

Certified Gluten-Free

- Supports energy metabolism***
- Essential for healthy nervous system***

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**STRAWBERRY
FLAVOR**



Dietary
Supplement

60 Gummies

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) gummy daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 gummy

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	2 g	<1%*
Sugars	1 g	**
Vitamin B12 (as cyanocobalamin)	850 mcg	14,167%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Tapioca syrup, cane sugar, purified water, gelatin, pectin, natural strawberry flavor, citric acid, sodium citrate, coconut oil, vegetable glaze. Contains tree nuts (coconut).

100% bovine gelatin, BSE-free.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken.

Store between 59°-77° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
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CountryLifeVitamins.com • Product No. 6292
PRODUCT OF CANADA