

Vitamin D aids in the absorption of calcium, helping to form and maintain healthy bones and teeth.* It also supports colon and immune health.* Country Life high potency Vitamin D3 10,000 I.U. comes from lanolin, a sustainable and safe source in a base of medium chain triglycerides (MCT). Also available in 1000, 2500 and 5000 I.U. strengths.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES HALAL

NO YEAST, CORN OR WHEAT
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE
NO GMOs

This product has been manufactured
at a GMP Registered facility.

Lot No:

Best by:

04A17NL



Dietary
Supplement

200 Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

• HIGH POTENCY •

VITAMIN D3

10,000 I.U. (250 mcg)

Non-fish liver source

Certified Gluten-Free

- ▶ Promotes bone, dental and immune health*
- ▶ Supports colon health*
- ▶ From sustainable source

Directions: Adults, take one (1) softgel every 3 days or as directed by your healthcare provider. As a reminder, discuss the supplements and medications that you take with your health care providers. Do not exceed the recommended dose.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value
Vitamin D (D3) (as cholecalciferol - from Lanolin)	10,000 I.U. 2,500%

Other Ingredients: Medium chain triglycerides, gelatin, glycerin, purified water (capsule shell). 100% bovine gelatin, BSE-free.
CAUTION: For adults only. Do not take if pregnant or lactating. Do not exceed recommended dose. Large doses of Vitamin D may have adverse effects. If any adverse reactions occur, stop taking product and consult a doctor. If planning surgery, taking medication or have a medical condition, consult a doctor before using this product. If taking more than 4,000 I.U. Vitamin D daily, Vitamin D blood level monitoring is recommended.
Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway,
Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
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