

PLANETARY[®]
HERBALS

FULL SPECTRUM™
**PUMPKIN
SEED OIL**

BOTANICAL SUPPORT FOR THE PROSTATE*
1,000 MG • 45 SOFTGELS

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 22

Amount Per Serving		%DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Monounsaturated	0.5 g	†
Polyunsaturated	1 g	†
Protein	1 g	2%*
Pumpkin Seed Oil	2 g	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels 2 to 3 times daily.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Pumpkin seeds have been used historically to provide nourishing support to the prostate. They are rich in zinc, which is vital for normal prostate function.* Unlike many other pumpkin seed oil supplements, Planetary Herbals **FULL SPECTRUM™ PUMPKIN SEED OIL** is cold-pressed without the use of toxic chemical solvents.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. Natural plant variations may affect softgel color.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
© PLANETARY HERBALS, LLC
P.O. BOX 1760
SOQUEL, CA 95073
www.planetaryherbals.com

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