



Suggested usage: 1 capsule 3–6 times per day with meals or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Natural Factors Milk Thistle extract contains standardized silymarin and is considered to be one of the highest quality milk thistle extracts in the world. Research has shown that milk thistle extract promotes healthy liver function.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
 Manufactured by Natural Factors Canada
 Distributed by NATURAL FACTORS
 14224 167th Avenue SE
 Monroe, WA 98272

**Purity & Potency
 Guaranteed**

Recyclable container and label.



Milk Thistle

150 mg Standardized Silymarin

250 mg · 90 Capsules

HEALTHY LIVER FUNCTION*



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
Milk Thistle Extract (<i>Silybum marianum</i>) (seed)	250 mg**
Containing 200 mg (80%) total flavonoids	
Standardized to 150 mg silymarins including silybin	
Dandelion (<i>Taraxacum officinale</i>) (root)	55 mg**
Turmeric (<i>Curcuma longa</i>) (root)	27.5 mg**

** Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water), rice powder, magnesium stearate (vegetable grade), silica.

LOT & EXPIRY 1.3125" x .25" Single Line

