



**Suggested usage:** For the relief of occasional constipation take 1 tablet at bedtime. If bowel does not act by midmorning of the following day, take another tablet.

**Notice:** This product contains senna and cascara. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because senna and cascara may worsen these conditions and be harmful to your health. Consult your health professional if you have frequent diarrhea, are pregnant or breastfeeding, are taking medication, or have a medical condition.

Natural Factors Ultra-Lax contains natural active herbal ingredients that produce a gentle laxative effect in 6–12 hours.\*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA  
Manufactured by Natural Factors Canada  
Distributed by NATURAL FACTORS  
14224 167th Avenue SE  
Monroe, WA 98272

**Purity & Potency  
Guaranteed**



LOT & EXPIRY 1.3125" x .25" Single Line



# Ultra-Lax

## Herbal Formula

90 Tablets

GENTLE LAXATIVE RELIEF\*



## Supplement Facts

Serving Size 1 Tablet

|                                                         | Amount Per Serving | % Daily Value |
|---------------------------------------------------------|--------------------|---------------|
| Calcium (dicalcium phosphate)                           | 80 mg              | 6%‡           |
| Senna Extract ( <i>Cassia angustifolia</i> ) 4:1 (leaf) | 60 mg              | **            |
| Cascara Sagrada ( <i>Rhamnus purshiana</i> ) (bark)     | 130 mg             | **            |
| Licorice ( <i>Glycyrrhiza glabra</i> ) (root)           | 40 mg              | **            |
| Peppermint ( <i>Mentha piperita</i> ) (leaf)            | 15 mg              | **            |
| Gentian ( <i>Gentiana lutea</i> ) (root)                | 5 mg               | **            |
| Rhubarb ( <i>Rheum officinale</i> ) (root)              | 4 mg               | **            |
| Peppermint Oil ( <i>Mentha piperita</i> ) (aerial)      | 1.2 mg             | **            |

‡ Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable grade).

