USAGE: Take 1 capsule per day or 1 every other day or as directed by your qualified health care consultant.

Selenium Synergy™ contains the most effective form of selenium, methylselenocysteine, in a synergistic formulation with **BroccoMax®** (rich in sulforaphane glucosinolate), vitamin B_2 (as riboflavin) and vitamin E (as d-alpha tocopheryl succinate).

NOTE: The total amount of selenium supplemented from all sources should not exceed the tolerable upper intake level (UL) for selenium of 400 mcg/day. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Keep out of the reach of children.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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BroccoRaphanin®

1010SS
PROD # 113006

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Selenium

Activated Selenium* Synergy™

200 mcg Methylselenocysteine

with BroccoMax® + Vitamins B_2 & E

Sulforaphane Gluco Sinolate

60 Capsules

Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

	Amount Per Capsule	% DV
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%
Vitamin B_2 (as riboflavin)	2 mg	118%
Selenium (as methylselenocysteine)	200 mcg	285%
Broccoli seed extract (*Brassica oleracea*)	150 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:
Jarrow FORMULAS®
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P.O. Box 35994
Los Angeles, CA 90035-4317
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Lot #. Best Used Before: