

Kelp is a type of seaweed found in the ocean. Known as a green superfood, kelp is an excellent natural source of iodine. Iodine is known for helping to support healthy thyroid function.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES CERTIFIED VEGAN BY THE AVA

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS
WIND POWER

NO YEAST, CORN OR WHEAT

NO SOY, MILK, SALT OR SUGAR

NO PRESERVATIVES

NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

NO GMOs

Lot No:

Best by:

02M17NL



This product has been manufactured at a GMP Registered facility.

ESTABLISHED
— 1971 —
**Country
Life**

**ARCTIC-
KELP™**

225 mcg

Certified Gluten-Free

- An excellent natural source of iodine
- Supports thyroid health*

**Dietary
Supplement** | **300** Tablets

— Our *PLEDGE of* INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) tablet daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Iodine (as Arctic kelp)	225 mcg	150%

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate. May contain trace quantities of Crustacean shellfish (species unknown) and fish (species unknown).

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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