

USAGE: Take 1 capsule per day or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Taurine is a sulfur-containing, antioxidant amino acid that protects against free radical damage to cells, and aids in osmoregulation (maintenance of proper concentrations of ions) inside the cell, membrane stabilization, sperm motility, bile acid conjugation, neurotransmission and athletic performance (acts as an insulin mimetic, to allow for better glucose deposition into muscles).*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®

TAURINE 1000

Pharmaceutical Grade

**Antioxidant
Amino Acid***

1000 mg 100 Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

	Amount Per Serving	% DV
Taurine	1000 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source) and cellulose. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com

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