



Made In The
USA with select
ingredients
from around
the world

*These statements have not been
evaluated by the Food and Drug
Administration. This product is
not intended to diagnose, treat,
cure or prevent any disease.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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OPTIMAL SOLUTIONS®

WOMEN'S MULTIVITAMIN GUMMIES

With Collagen
50 mg per serving

Supports Energy, Immune
& Bone Health*

WOMEN'S HEALTH



80 Raspberry Flavored
gummies

DIETARY SUPPLEMENT



OPTIMAL SOLUTIONS®

Beauty Starts on the Inside™

At Nature's Bounty, we believe
health and beauty go hand in hand.
With nearly 50 years of making
quality vitamins and more than 20
years in the beauty business, you
can trust that every Nature's
Bounty® product is backed by
science, and made with the purest
ingredients...guaranteed. *Beauty
Starts on the Inside™*

- ✓ Over 10 Key Nutrients
- ✓ Naturally Sourced Colors
and Flavors
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

Aids in the conversion of food into energy*

DIRECTIONS: For adults, take two (2) gummies
daily, preferably with a meal.

**No Artificial Flavor, No Artificial Sweetener, No
Preservatives, No Milk, No Lactose, No Soy, No
Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

WARNING: If you are pregnant, nursing, taking any
medications, planning any medical or surgical
procedure or have any medical condition, consult
your doctor before use. Discontinue use and consult
your doctor if any adverse reactions occur. Keep out
of reach of children. Store at room temperature. Do
not use if seal under cap is broken or missing.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%**
Total Sugars	2 g	***
Includes 2g Added Sugars		
		4%**
Vitamin A (as Retinyl Acetate)	750 mcg	83%
Vitamin C (as Ascorbic Acid)	30 mg	33%
Vitamin D (as D3 Cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg	90%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Folate	666 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	9 mcg	375%
Biotin (as d-Biotin)	600 mcg	2,000%
Calcium (as Dicalcium Phosphate)	100 mg	8%
Iodine (as Potassium Iodide)	40 mcg	27%
Zinc (as Zinc Citrate)	2.5 mg	23%
Collagen	50 mg	***

**Percent Daily Values are based on a 2,000
calorie diet.

***Daily Value not established.

Other Ingredients: Corn Syrup, Sugar, Gelatin,
Natural Flavors. **Contains <2% of:** Citric Acid,
Pectin, Vegetable Juice (color), Vegetable Oil
(Palm) (Contains Carnauba Wax).