



# NATURE'S BOUNTY®

# Fish Oil

**1200mg** | **360mg**  
of Omega-3

**May Reduce Risk of  
Coronary Heart Disease\***

**HEART HEALTH**



**60 Coated Softgels**

**DIETARY SUPPLEMENT**

**DIRECTIONS:** For adults, take two (2) softgels two times daily, preferably with meals.

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 30

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Calories	30	Fish Oil	2,400 mg (2.4 g) ***
Total Fat	3.5 g 4%**	provides 720 mg of Total Omega-3 ***	
Saturated Fat	1 g 5%**	Fatty Acids† comprising of:	
Polyunsaturated Fat	1.5 g ***	EPA (Eicosapentaenoic Acid)	***
Monounsaturated Fat	1 g ***	DHA (Docosahexaenoic Acid)	***
Cholesterol	20 mg 7%	Other Fatty Acids	***
		**Percent Daily Values are based on a 2,000 calorie diet.	
		***Daily Value not established.	

**Other Ingredients:** Gelatin, Vegetable Glycerin. **Contains <2% of:** Acetylated Monoglycerides, Food Glaze, Mixed Natural Tocopherols, Polysorbate 80, Potassium Sorbate (preservative), Sodium Alginate.

Contains fish (anchovy, herring, mackerel, sardine) ingredients.

†As Natural Triglycerides

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients... guaranteed. So you can get the most out of life every day.

- ✔ Odor-less, Coated to Minimize Fish Burps
- ✔ Purified to Eliminate Mercury
- ✔ Guaranteed Quality
- ✔ Laboratory Tested

\*Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Fish Oil provides 720 mg total of EPA, DHA and other omega-3 fatty acids. See nutrition information for total fat, saturated fat and cholesterol content.

Non-GMO, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish.

☎ Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at  
[NaturesBountyRewards.com](http://NaturesBountyRewards.com)

Product of Peru  
Carefully Manufactured for **NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A. ©2017 Nature's Bounty, Inc.

Prod. No. 16887 B36340 15J

0  
74312  
16887  
1

USA  
3004329138  
EEC