

# PLANETARY<sup>®</sup> HERBALS

VEGETARIAN  
CAPSULES

## FULL SPECTRUM<sup>™</sup> CINNAMON EXTRACT

200 MG • 60 CAPSULES

HERBAL SUPPLEMENT  
Approved by  
Michael Tierra L.Ac, O.M.D

*Michael Tierra*

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

| Amount Per Serving            |         |
|-------------------------------|---------|
| Cinnamomum spp. Bark          | 300 mg† |
| Cinnamomum spp.               | 100 mg† |
| Bark Extract                  |         |
| †Daily Value not established. |         |

Other ingredients: microcrystalline cellulose, hypromellose (capsule), and silica.

**Suggested Use:** 1 to 2 capsules daily, after meals.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Cinnamon has been shown by scientific research to support blood sugar levels already within the normal range by enhancing normal glucose uptake and sugar metabolism.\*

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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P.O. BOX 1760  
SOQUEL, CA 95073  
[www.planetaryherbals.com](http://www.planetaryherbals.com)

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