

DR. MERCOLA®
PREMIUM SUPPLEMENTS

MELATONIN
**SLEEP
SUPPORT[†]**



*Natural Raspberry Flavor
with Other Natural Flavors*

Dietary Supplement

NET CONTENTS 0.85 FL. OZ. (25 mL)

Supplement Facts

Serving Size: 6 Sprays (about 0.78 mL)
Servings Per Container: About 32

	Amount Per Serving	%DV
Niacin (Vitamin B3) (as Nicotinic Acid)	1.5 mg	8%
Vitamin B6 (as Pyridoxine Hydrochloride)	3 mg	150%
Dr. Mercola's Special Blend	46.1 mg	*
Tart Cherry (from <i>Prunus cerasus</i> [Fruit] Concentrate)		
Chamomile Flower Extract		
Jujube (from <i>Ziziphus jujuba</i> [Seed] Extract)		
Dr. Mercola's Neuro Blend	34.5 mg	*
GABA (Gamma-Aminobutyric Acid)		
L-Theanine		
L-Tryptophan		
Melatonin (1.5 mg)		
5-HTP (5-Hydroxytryptophan) (from (from <i>Griffonia simplicifolia</i> [Seed] Extract)		
*Daily Value (DV) not established.		

OTHER INGREDIENTS: Water, Vegetable Glycerin, Xylitol, Natural Flavors, Citric Acid, Potassium Sorbate (to Maintain Freshness), Sodium Hexametaphosphate, Guar Gum, Stevia (*Stevia rebaudiana* [Bertonii]) (Leaf) Extract.

FORMULATED AND DISTRIBUTED BY:

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SUGGESTED USE: Adults, as a dietary supplement, shake before use, and take six (6) sprays an hour before bedtime as needed. For best results, refrigerate after opening. Before first use, break tab in front, push in child resistant lock and turn to right to unlock. Shake well and press actuator down 3 more times to prime pump.

DO NOT SPRAY IN EYES. KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS BROKEN. DO NOT USE BEFORE OR WHILE OPERATING A MOTOR VEHICLE OR HEAVY MACHINERY. IF YOU ARE NURSING, PREGNANT, HAVE AN AUTOIMMUNE OR DEPRESSIVE DISORDER, ARE TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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