

PL469

New Coated Tablet, Easier To Swallow



ACTUAL SIZE



Longs
WELLNESS

Calcium plus D

600 mg Calcium
400 I.U. Vitamin D

Dietary Supplement

60 TABLETS

Product Benefit

Compare to
Caltrate® 600 + D†

**NEW
FORMULA**
TWICE THE VITAMIN D



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin D 400 I.U.	100%
Calcium 600 mg	60%

INGREDIENTS: Calcium Carbonate, Cellulose, Maltodextrin, Acacia, Croscarmellose Sodium, Sodium Starch Glycolate, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Magnesium Stearate, Talc, Silicon Dioxide, Sodium Lauryl Sulfate, Gelatin, Corn Starch, Yellow 6 Lake, Cholecalciferol.



Distributed by Longs Drugs ■■■
Walnut Creek, CA 94596
For further information contact
1-80Q-TO-LONGS or Longs.com

Individuals who do not store enough calcium throughout their lives have an increased risk for developing osteoporosis. Recently, scientists have determined that even postmenopausal women can benefit from greater calcium intake.

Osteoporosis affects middle-aged and older persons, especially those with a family history of fragile bones in later years.

While adequate calcium intake is important, daily intakes above 2000 mg are not likely to provide any additional benefit.

SUGGESTED USE: Take two tablets daily (one tablet twice a day) with food or as directed by your physician.

KEEP OUT OF THE REACH OF CHILDREN.

KEEP IN A COOL DRY PLACE, TIGHTLY CLOSED.

Calcium with Vitamin D Tablets USP.

†This product is not manufactured or distributed by Wyeth Holdings Corporation, owner of the registered trademark Caltrate®.

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FRESHNESS AND POTENCY GUARANTEED THROUGH:

A lifetime of regular exercise and a healthful diet with adequate calcium are essential in achieving peak bone mass in teenagers and young adults and maintaining bone health during adulthood.