



NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- ✓ Cholesterol Free
- ✓ Purified to Eliminate Mercury
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

\*Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat and cholesterol content. One serving of Fish Oil provides 300 mg total of EPA, DHA and other omega-3 fatty acids.



Non-GMO, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

★ Made In The USA with select ingredients from around the world

Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

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Prod. No. 3849 B18076 16L



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# Fish Oil

1000mg | 300mg of Omega-3

May Reduce Risk of  
Coronary Heart Disease\*

(see side panel)

HEART HEALTH



250 Rapid Release Softgels DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with meals.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Total Fat	1 g	1%**
Cholesterol	0 mg	0%
Fish Oil	1,000 mg (1 g)	***
provides 300 mg of Total Omega-3 Fatty Acid†		***
comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, herring, mackerel, sardine) ingredients.

†As Natural Triglycerides

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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