isura™ NON-GMO · MASS SPEC
Documentation ✓ Lab Tested ✓

Suggested usage: 1 cello pack per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Three Brains™ is a line of supplements designed to support the critical relationship between our head, heart, and gut. Together, these three "brains" influence our mental health and cognition.

3 Brains Total™ takes the guesswork out of supporting three-brain health.* Each convenient daily cello pack includes a combination of five essential supplements that support brain and cognitive function, as well as cardiovascular and intestinal/gastrointestinal health.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place. No refrigeration required.

* **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

†Guaranteed minimum 10 billion active cells per capsule at expiry date.
‡Guaranteed minimum 30 billion active cells per capsule at manufacture date.

natural Factors®

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

Purity & Potency Guaranteed

♻ *Recyclable container and label.*

0 68958 03059 3 R0

Lot & Expiry

DIETARY SUPPLEMENT

3 BRAINS TOTAL™

GIVE YOUR BRAINS WHAT THEY NEED*

POWERFUL FULL-NUTRIENT SUPPLEMENT KIT

Grapeseed Extract 400 mg • Phosphatidylserine 100 mg
Curcumin 500 mg • 10 Billion Probiotic • Omega-3 900 mg EPA/DHA

30 convenient cello packs

GRAPESEED EXTRACT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Grapeseed Extract (*Vitis vinifera*) 400 mg	**
(80% proanthocyanidins, 15% catechins)	

**Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (carbohydrate gum [cellulose], purified water), magnesium stearate (vegetable grade), silica.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.

PHOSPHATIDYLSERINE

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Phosphatidylserine (from 565 mg of Sharp-PS® non-GMO sunflower lecithin complex [*Helianthus annuus*, seed]) 100 mg	**
(Contains naturally occurring phosphatidylcholine (PC), phosphatidylinositol (PI), and phosphatidylethanolamine (PEI))	

** Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water), non-GMO sunflower oil.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs.

Sharp-PS® is a registered trademark of Enzymotec Ltd.

CURCUMIN

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Meriva® Curcumin Phytosome Complex [*Curcuma longa* (root) with phosphatidylcholine (sunflower lecithin)] 500 mg	**
Curcuminoids (18–22%) 90–110 mg	

** Daily Value not established.

Other ingredients: Vegetarian capsule (carbohydrate gum [cellulose], purified water), silicon dioxide, microcrystalline cellulose, silica, magnesium stearate (vegetable grade), magnesium silicate.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.

Meriva® is a registered trademark of Indena S.p.A.

OMEGA-3 900 mg EPA/DHA

Supplement Facts

Serving Size 1 Enteripure™ Softgel

Amount Per Serving	% Daily Value
Calories 15	
Total Fat 1.5 g	2%‡
Cholesterol 5 mg	2%
Pharmaceutical Grade Fish Oil Concentrate (molecularly distilled, ultra purified) (anchovy, sardine, and/or mackerel) 1425 mg	**
Omega-3 Fatty Acids 900 mg	**
Eicosapentaenoic Acid (EPA)† 600 mg	**
Docosahexaenoic Acid (DHA)† 300 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.
† Ethyl ester form.

Other ingredients: Enteripure™ softgel (gelatin, glycerin, purified water, pectin), natural vitamin E.
Contains fish.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, corn, egg, shellfish, salt, tree nuts, or GMOs.

10 BILLION PROBIOTIC

NO REFRIGERATION REQUIRED

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Proprietary Synergistic Blend:	
Total Active Cell Count 10 billion cfu	**‡
Lactobacillus casei (HA-108) (whole cell) 3 billion cfu	**
Lactobacillus rhamnosus (HA-111) (whole cell) 2.5 billion cfu	**
Lactobacillus acidophilus (HA-122) (whole cell) 1.5 billion cfu	**
Bifidobacterium breve (HA-129) (whole cell) 1.5 billion cfu	**
Bifidobacterium longum (HA-135) (whole cell) 1.5 billion cfu	**

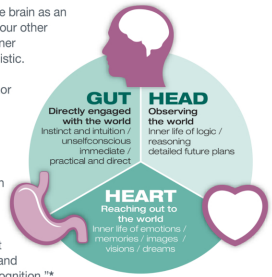
** Daily Value not established.
cfu: colony forming units.

Other ingredients: Potato starch, vegetarian capsule (carbohydrate gum [cellulose], purified water), magnesium stearate (vegetable grade), silicon dioxide, ascorbic acid.
Contains milk and soy.

Contains no artificial colors, preservatives, or sweeteners; no sugar, wheat, gluten, yeast, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Suitable for vegetarians.

A WHOLE-BODY APPROACH TO BALANCED BRAIN HEALTH AND WELL-BEING*

Most of us tend to think of the brain as an isolated control center for all our other organs. But the fact is, our inner workings are far more synergistic. According to Karen Jensen, naturopathic doctor and author of Three Brains, there is a growing body of evidence to suggest that we actually have three "brains" and that their interaction influences our overall health.◊ Dr. Jensen suggests, "nutrients from whole foods, exercise, and supplements are effective, non-invasive ways to support the 'three brains' interaction and optimize mental health and cognition."*



COMPREHENSIVE SUPPORT FOR OPTIMAL COGNITIVE HEALTH*

- Supports overall mental health
- Addresses physical and mental fatigue
- Improves sleep quality
- Supports gastrointestinal health
- Maintains heart health

◊According to Karen Jensen, in her book:
Three Brains: How the Heart, Brain, and Gut Influence Mental Health and Identity.