

09N16NL

Lot No:

Best by:



ACTIValue®
chromax®

A multivitamin and multimineral complex that includes key nutrients for men's health such as "coenzymated" B Vitamins for energy metabolism and magnesium for heart health plus Saw Palmetto and Lycopene.** Max for Men® uses Country Life's exclusive Maxi-Sorb® delivery system.

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

CAUTION: This product is intended for men. Not for use by pregnant or lactating women. If you are diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Directions: Adult males take two (2) tablets daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids)	10,000 I.U. . 200%
Vitamin C (as calcium ascorbate, ascorbyl palmitate)	300 mg. . 500%
Vitamin D (D ₂ (as cholecalciferol)	200 I.U. . 50%
Vitamin E (as α-tocopheryl acid succinate)	400 I.U. . 1,333%
Vitamin K (as phytonadione)	90 mcg. . 65%
Thiamin (Vitamin B ₁) (as thiamine hydrochloride, thiamine coenzyme)	25 mg. . 1,667%
Riboflavin (Vitamin B ₂) (as riboflavin, riboflavin 5'-phosphate)	25 mg. . 1,471%
Niacin (as niacinamide, niacin, inositol hexanicotinate)	100 mg. . 500%
Vitamin B ₆ (as pyridoxine hydrochloride, pyridoxal 5'-phosphate)	25 mg. . 1,250%
Folic Acid	800 mcg. . 200%
Vitamin B ₁₂ (as cyanocobalamin)	300 mcg. . 8,333%
Biotin (as D-biotin)	300 mcg. . 500%
Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium D-panthothenate, calcium citrate, dicalcium phosphate)	100 mg. . 10%
Phosphorus (as calcium hydroxyapatite, dicalcium phosphate)	21 mg. . 2%
Iodine (as potassium iodide)	225 mcg. . 150%
Magnesium (as magnesium oxide, magnesium rice chelate (rice protein based))†	200 mg. . 50%
Zinc (as zinc monomethionine)	30 mg. . 200%
Selenium (as L-selenomethionine)	200 mcg. . 286%
Copper (as copper citrate)	1 mg. . 50%
Manganese (as manganese citrate)	5 mg. . 250%
Chromium (as chromium picolinate)	200 mcg. . 167%
Molybdenum (as molybdenum citrate)	50 mcg. . 67%
Potassium (as potassium citrate, potassium iodide)	99 mg. . 3%
Eleuthero Extract (<i>Eleutherococcus senticosus</i>) (root) (0.8% eleutherosides equal to 0.8 mg)	100 mg. . *
Inositol (as inositol, inositol hexanicotinate)	100 mg. . *
Saw Palmetto Extract (berry)	50 mg. . *
(45% fatty acids equal to 22.5 mg)	50 mg. . *
Choline (from 100 mg choline bitartrate)	45 mg. . *
Grape Seed Extract (providing flavonoid compounds 95% total polyphenols equal to 23.75 mg)	25 mg. . *
Grape Skin Extract (25% polyphenols equal to 6.25 mg including procyanidin)	25 mg. . *
Enzyme Blend	20 mg. . *
Providing:	618 I.U. . *
Protease (from <i>Aspergillus oryzae</i>)	212 D.U. . *
Amylase (from <i>Aspergillus oryzae</i>)	2,261 U. . *
Cellulase (from <i>Trichoderma longibrachiatum</i>)	2,561 C.U. . *
Lactase (from <i>Lactobacillus acidophilus</i>)	93.8 I.U. . *
Organic Aloe Vera (Aloe Vera) (inner fillet) (leaf)	15.2 mg. . *
Bejelone (from 20 mg betaine hydrochloride)	10 mg. . *
Mangold Extract (flower)	10 mg. . *
(10% lutein esters equal to 1 mg)	10 mg. . *
Phytase (from <i>Aspergillus niger</i>)	10 mg. . *
Tartrate Extract (5% lycopene equal to 0.5 mg)	10 mg. . *
Boron (as boron citrate)	1 mg. . *

* Daily Value not established.

Other Ingredients: Cellulose, croscarmellose sodium, stearic acid, silica, starch, cellulose & glycerin coating, magnesium stearate, maltodextrin, natural vanilla flavor, sunflower oil, vegetable glaze.

† Country Life always labels minerals in elemental weight.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC

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180 Vanderbilt Motor Parkway

Product No. 8136

Certified Gluten-Free **IRON FREE**

MULTIVITAMIN & MINERAL COMPLEX

- ◆ Magnesium for heart health**
- ◆ Includes Saw Palmetto and Lycopene
- ◆ Coenzyme B Vitamins for energy metabolism**

MAXI-Sorb®
Delivery System



Dietary Supplement **120** Tablets

— Our **PLEDGE of INTEGRITY** —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY