

Lot No:

Best by:



Directions: Adult males take two (2) tablets daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids)	10,000 I.U. ... 200%
Vitamin C (as calcium ascorbate, ascorbyl palmitate)	300 mg. ... 500%
Vitamin D (D-lysis cholecalciferol)	200 I.U. ... 50%
Vitamin E (as d-alpha tocopheryl acid succinate)	400 I.U. ... 1,333%
Vitamin K (as phytylmalonate)	50 mcg. ... 65%
Thiamine (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	25 mg. ... 1,667%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	25 mg. ... 1,471%
Niacin (as niacinamide, niacin, inositol hexanicotinate)	100 mg. ... 500%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate)	25 mg. ... 1,250%
Vitamin B12 (as cyanocobalamin)	800 mcg. ... 200%
Biotin (as d-Biotin)	500 mcg. 8,333%
Pantothenic Acid (as calcium d-pantothenate, panthothine)	300 mcg. ... 100%
Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium d-pantothenate, calcium citrate, dicalcium phosphate)	100 mg. ... 10%
Phosphorus (as calcium hydroxyapatite, dicalcium phosphate)	21 mg. ... 2%
Iodine (as potassium iodide)	225 mcg. ... 150%
Magnesium (as magnesium oxide, magnesium rice cream (rice protein based))	200 mg. ... 50%
Sulfur (as L-methionine)	30 mg. ... 200%
Copper (as copper citrate)	2 mg. ... 266%
Manganese (as manganese citrate)	1 mg. ... 50%
Chromium (as chromium picolinate)	5 mcg. ... 250%
Molybdenum (as molybdenum citrate)	200 mcg. ... 167%
Potassium (as potassium citrate, potassium bicarbonate)	50 mcg. ... 67%
Euthiero Extract (Eubacterium fermentum) (food) (0.6% eubacteroides equal to 0.8 mg)	99 mg. ... 3%
Inositol (as inositol, inositol hexanicotinate)	100 mg. ...
Saw Palmetto Extract (berry)	100 mg. ...
Chromax® (chromium picolinate)	50 mg. ...
Grape Seed Extract (providing flavonoid compounds)	45 mg. ...
95% total polyphenols equal to 23.75 mg.	25 mg. ...
Grape Skin Extract (25% polyphenols equal to 6.25 mg including procyanidin)	25 mg. ...
Enzyme Blend	20 mg. ...
providing:	
Protease (from aspergillus oryzae)	618 H.U. ...
Amylase (from aspergillus oryzae)	212 D.U. ...
Lipase (from rhizopus oryzae)	2,26 L.U. ...
Cellulase (from trichoderma longibrachiatum)	2.5 C.U. ...
Jalisco (from aspergillus oryzae)	500 Loc.U. ...
Organic Aloe 99.9% Juice (from aloe vera)	15 mg. ...
Meloid Extract (flower)	15 mg. ...
100% Vitamin E (as d-alpha tocopheryl acid succinate)	10 mg. ...
Phytase (from aspergillus niger)	10 mg. ...
Tonate Extract (5% lycopene equal to 0.5 mg)	10 mg. ...
Boron (as boron citrate)	1 mg. ...

* Daily Value not established.

Other Ingredients: Cellulose, croscarmellose sodium, stearic acid, silica, starch, cellulose & glycerin coating, magnesium stearate, maltodextrin, natural vanilla flavor, sunflower oil, vegetable glyce.

+ Country Life always labels minerals in elemental weight.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC

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Happauge, NY 11788 (USA)

CountryLifeVitamins.com

Product No. 8135

Certified Gluten-Free

IRON FREE

MULTIVITAMIN & MINERAL COMPLEX

- Magnesium for heart health**
- Includes Saw Palmetto and Lycopene
- Coenzyme B Vitamins for energy metabolism**

MAXI-Sorb®
Delivery System



Dietary
Supplement

60 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY