

Suggested usage: 2 capsules 1–2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Three Brains™ is a line of supplements designed to support the critical relationship between our head, heart, and gut. Together, these three “brains” influence our mental health and cognition.

Serene Mind™ contains a unique combination of herbal extracts used to help relieve symptoms of stress, enhance physical performance, and support cognitive function.* It is also used as a supportive therapy for the promotion of healthy glucose levels already within the normal range and helps promote healthy liver function.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LOT & EXPIRY
0.6875"x 0.4375"
Double Line

DIETARY SUPPLEMENT
**SERENE
MIND™**



Relieves symptoms
of stress-related fatigue*

120 vegetarian capsules

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Choline (bitartrate)	27 mg	5%
Sunphenon® Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (80% catechins, 45% EGCG)	300 mg	**
Sensoril® Ashwagandha Extract (<i>Withania somnifera</i>) (root and leaf)	125 mg	**
Withanolides (8%)	10 mg	
Rhodiola Extract (<i>Rhodiola rosea</i>) (root) (3.5% rosavins, 1% salidroside)	100 mg	**
Panax Ginseng Extract (root) (6.5% ginsenosides)	100 mg	**

** Daily Value not established.

Other ingredients: Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable grade), silica.

Sunphenon® is a registered trademark of Taiyo International, Inc.

Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patents 6,153,198 & 7,318,938.



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