

**USAGE:** Take 1 capsule up to 3 times per day on an empty stomach or as directed by your qualified health care consultant. **DO NOT** take at the same time of day as minerals or medications.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

**Jarrow FORMULAS® IP6** contains 500 mg of purified Inositol Hexaphosphate (IP6) from rice bran extracted in Japan. **IP6** is a phosphorylated form of inositol commonly found in fiber-rich plant foods. **IP6** supports immunity and cardiovascular health by enhancing Natural Killer (NK) cells and chelating reactive iron to protect against corrosive hydroxyl free radicals.\*

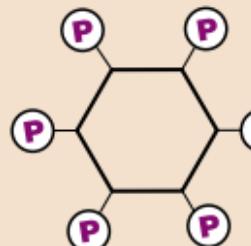
Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

**Jarrow FORMULAS®**

# IP6



## Inositol Hexaphosphate

**Supports  
Natural Cell Defense\***

**500 mg      120 Capsules  
Dietary Supplement**

### Supplement Facts

Serving Size 1 Capsule      Servings Per Container 120

Amount Per Capsule	% DV
Inositol Hexaphosphate (from calcium-magnesium inositol hexaphosphate)	500 mg * Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

**Jarrow FORMULAS®**

Superior Nutrition and Formulation™

P.O. Box 35994

Los Angeles, CA 90035-4317

[www.Jarrow.com](http://www.Jarrow.com)

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PROD # 120011



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