

USAGE: Take 1 capsule up to 3 times per day on an empty stomach or as directed by your qualified health care consultant. **DO NOT** take at the same time of day as minerals or medications.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Jarrow FORMULAS® IP6 contains 500 mg of purified Inositol Hexaphosphate (IP6) from rice bran extracted in Japan. **IP6** is a phosphorylated form of inositol commonly found in fiber-rich plant foods. **IP6** supports immunity and cardiovascular health by enhancing Natural Killer (NK) cells and chelating reactive iron to protect against corrosive hydroxyl free radicals.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®



**Supports
Natural Cell Defense***

500 mg 120 Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

	Amount Per Capsule	% DV
Inositol Hexaphosphate (from calcium-magnesium inositol hexaphosphate)	500 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com

1010IP6
PROD # 120011



© 2010 **Jarrow FORMULAS®**