

01K17NL

Lot No:

Best by:



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Directions: Adults take four (4) capsules daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids)	5,000 IU 100%
Vitamin C (as calcium ascorbate, ascorbyl palmitate)	300 mg 500%
Vitamin D (as ergocalciferol)	200 IU 50%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU 667%
Vitamin K (as phytylanthraquinone)	50 mcg 63%
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chelate)	25 mg 1,667%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	25 mg 1,470%
Niacin (as niacinamide, niacin, inositol hexanicotinate)	50 mg 250%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate)	50 mg 2,500%
Folic Acid	800 mcg 200%
Vitamin B12 (as methylcobalamin)	500 mcg 8,333%
Biotin (as D-biotin)	400 mcg 1,333%
Pantothenic Acid (as calcium D-pantothenate, pantothenic acid)	50 mg 500%
Calcium (as calcium hydroxyapatite, calcium citrate, dicalcium phosphate†)	100 mg 10%
Iron (as ferrous succinate†)	9 mg 50%
Phosphorus (as calcium hydroxyapatite, dicalcium phosphate†)	28 mg 3%
Magnesium (as magnesium rice chelate, (rice protein based)†)	100 mcg 67%
Zinc (as zinc monomethionine†)	20 mg 133%
Selenium (as L-selenomethionine)†	200 mcg 286%
Copper (as copper citrate†)	0.5 mg 25%
Manganese (as manganese citrate†)	2 mg 100%
Chromium (as chromium picolinate†)	200 mcg 167%
Molybdenum (as molybdenum amino acid chelate, (rice flour based)†)	50 mcg 67%
Potassium (as potassium citrate, iodide)†	99 mg 3%
Taurine (free form)	100 mg
L-Methionine (free form)	100 mg
L-Lysine (as L-lysine hydrochloride)	100 mg
Inositol (as inositol, inositol hexanicotinate)	50 mg
Rutin (from sophorae japonica (ivy/flower))	25 mg
Citrus bioflavonoid complex (citrus spp.) (pedic) (from lemon, orange, grapefruit, hesperidin)	25 mg
Choline (from 50 mg choline bitartrate)	20 mg
Betaine (from 20 mg betaine hydrochloride)	15.2 mg
Boron (as boron citrate)†	1 mg

* Daily Value not established.

† Other Ingredients: Cellulose (capsule shell), cellulose, magnesium stearate, starch, silica, maltodextrin.

† Country Life always labels minerals in elemental weight.

Do not accept if seal is broken. Store in a dry place between 59°-96° F. Keep out of the reach of children.

This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway,
Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 8107

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a Poison Control Center immediately.

****This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO WHEAT OR MILK
YES CERTIFIED VEGAN BY THE AVA	NO PRESERVATIVES
YES RECYCLABLE PACKAGING	NO ARTIFICIAL COLORS
YES MANUFACTURING SUPPORTS WIND POWER	NO OR FLAVORS
YES KOSHER	NO ARTIFICIAL SWEETENERS

ESTABLISHED
— 1971 —
Country Life
MAX FOR **VEGANS**™

Certified Gluten-Free
**MULTIVITAMIN
& MINERAL COMPLEX**

- ◆ Includes Vitamins B12, Iron, Amino Acids
- ◆ Includes Coenzyme B Vitamins

MAX-Sorb
Delivery System

Dietary Supplement **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY