



Suggested usage: 2 softgels 1–2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Three Brains™ is a line of supplements designed to support the critical relationship between our head, heart, and gut. Together, these three “brains” influence our mental health and cognition.

Higher Thoughts™ is a unique combination of antioxidants, phospholipids, and omega-3 fatty acids specifically formulated to optimize cognitive and cardiovascular health.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, egg, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



Recyclable container and label.

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LOT & EXPIRY
0.6875"x 0.4375"
Double Line

DIETARY SUPPLEMENT HIGHER THOUGHTS™



Enhances brain performance &
improves memory and focus*

90 softgels

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

	Amount Per Serving	% Daily Value
Pharmaceutical Grade Fish Oil Concentrate (molecularly distilled, ultra purified) (anchovy, sardine, and/or mackerel)	360 mg	**
Omega-3 Fatty Acids	180 mg	**
Elcosapentaenoic Acid (EPA)†	90 mg	**
Docosahexaenoic Acid (DHA)†	60 mg	**
Phosphatidylcholine (from soy lecithin [<i>Glycine max</i> , seed])	100 mg	**
Phosphatidylserine (from 138 mg Sharp-PS® non-GMO sunflower lecithin complex [<i>Helianthus annuus</i> , seed]) (Contains naturally occurring phosphatidylcholine (PC), phosphatidylinositol (PI), and phosphatidylethanolamine (PE))	50 mg	**
L-Alpha-Glycerophosphorylcholine (from soy lecithin [<i>Glycine max</i> , seed])	100 mg	**
Sunphenon® Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (75% catechins, 40% EGCg)	100 mg	**

** Daily Value not established.

† Ethyl ester form.

Other ingredients: Softgel (glycerin, gelatin, purified water, carob), yellow beeswax, natural vitamin E. Contains fish and soy.

Sharp-PS® is a registered trademark of Enzymotec Ltd.
Sunphenon® is a registered trademark of Taiyo International Inc.



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Manufactured by Natural Factors Canada
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