

PLANETARY[®]

HERBALS

STANDARDIZED BLACK COHOSH EXTRACT 2.5%

BOTANICAL SUPPORT FOR MENOPAUSE*

80 MG • 90 TABLETS

HERBAL SUPPLEMENT
Approved by
Michael Tierra L.Ac, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 45

	Amount Per Serving	%DV
Calcium	79 mg	8%
Black Cohosh Root	160 mg	†
Standardized Extract 2.5%		
(Cimicifuga racemosa)		
Yielding 4 mg Triterpene Glycosides		

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, modified cellulose gum, stearic acid, and silica.

Suggested Use: 1 to 2 tablets twice daily. For best results, use this product for at least 4 weeks, but not to exceed 6 months.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Black cohosh (*Cimicifuga racemosa*) has traditionally been one of the most important herbs for women. Modern research has focused on its ability to support women through menopause. Planetary Herbals **STANDARDIZED BLACK COHOSH EXTRACT 2.5%** contains a broad spectrum of the valuable triterpene glycosides considered to be responsible for black cohosh's action.*

WARNING: DO NOT USE if you are pregnant, may become pregnant, or breastfeeding.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
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