

Suggested usage: 2 softgels, 30-45 minutes before bedtime, or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Tranguil Sleep formula is a unique combination of compounds that support relaxation and enhance natural sleep quality.* In an easy-to-swallow softgel that is enteric coated to minimize any possible gastric discomfort.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, com, egg, fish, shellfish, salt, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA Manufactured by Natural Factors Canada Distributed by NATURAL FACTORS 14224 167th Avenue SE Monroe, WA 98272





Recyclable container and label.

Purity Potency Guaranteed

Stress-Relax

Tranquil Sleep

5-HTP, Suntheanine® & Melatonin **EASY-TO-SWALLOW**

45 Enteric Coated Softgels

ADVANCED FAST ACTING FORMULA*



Supplement Facts

Serving Size 2 Enteric Coated Softgels Servings Per Container 22

Amount Per Serving Suntheanine® L-Theanine 200 mg** 30 mg** 5-Hydroxytryptophan (5-HTP) (Griffonia simplicifolia) (seed)

Melatonin 3 mg**

** Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water), organic flaxseed oil, yellow beeswax, sunflower lecithin (non-GMO), aqueous coating solution (purified water, ethylcellulose, medium chain triglycerides [coconut], oleic acid, sodium alginate, stearic acid).

Suntheanine* is a registered trademark of Taiyo International, Inc.



LOT & EXPIRY 1.3125" x .25" Single Line