

Vitamin B12 with Folic Acid helps convert carbohydrates, fats and proteins into energy.* B12 is essential for the production of red blood cells, which help to deliver oxygen throughout the body.* B12 also supports cardiovascular health.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST OR WHEAT
YES CERTIFIED VEGAN BY THE AVA	NO SOY OR MILK
YES RECYCLABLE PACKAGING	NO SALT
YES MANUFACTURING SUPPORTS WIND POWER	NO PRESERVATIVES
YES KOSHER-PARVE	NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

Lot No:

Best by:

12K16NL



This product has been manufactured at a GMP Registered facility.



Dietary
Supplement

100 Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

VITAMIN B12

with Folic Acid

500 mcg

Certified Gluten-Free

► Supports energy*



Directions: Adults allow one (1) lozenge to dissolve on tongue for 30 seconds before swallowing daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8,333%

Other Ingredients: Sorbitol, dark sweet cherry fruit powder, cellulose, stearic acid, silica, magnesium stearate.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken.

Store in a dry place between 59°-86° F.

Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6295