

**PLANETARY<sup>®</sup>**  
**HERBALS**

FULL SPECTRUM™  
**MILK THISTLE**  
**SEED EXTRACT**  
SUPPORTS HEALTHY LIVER\*  
**260 MG • 60 TABLETS**

**HERBAL SUPPLEMENT**

Approved by  
Michael Tierra L.Ac, O.M.D

*Michael Tierra*

**Supplement Facts**

**Serving Size 4 Tablets**

**Servings Per Container 15**

	Amount Per Serving
Milk Thistle Seed Extract	840 mg†
Yielding 420 mg Silymarin	
Milk Thistle Seed	200 mg†

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, modified cellulose gum, silica, and magnesium stearate.

**Suggested Use:** 2 to 4 tablets daily between meals.

**NOTE:** If you are pregnant, may become pregnant, or breast-feeding, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Planetary Herbals **FULL SPECTRUM™ MILK THISTLE SEED EXTRACT** is a highly concentrated extract of milk thistle seeds (*Silybum marianum*) that modern research has shown to support a healthy liver. This extract matches the constituent profile of extracts used in human research studies. Extra milk thistle seeds are added to ensure the presence of important secondary compounds.\*

STORE IN A COOL, DRY PLACE.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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