PLANETARY

FULL SPECTRUM™

Soy 1000

1,000 MG • 240 TABLETS





Supplement Facts

Serving Size 2 Tablets Servings Per Container 120

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Protein	1 g	2%*
SoyLife® Non-GMO Isoflavone Complex	2 g	†
(from soy) Yielding:		
Daidzein 13.4	mg	†
Glycitein 6.0	mg	†
Genistein 2.0	mg	†
Total Isoflavones: 40	mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established.

Other ingredients: microcrystalline cellulose, silica, stearic acid, modified cellulose gum, and magnesium stearate.

Suggested Use: 2 tablets twice daily between meals.

Isoflavones are unique polyphenol compounds which are found in the soybean plant. Research suggests that soy protein and soy isoflavones may reduce the frequency and severity of hot flashes during menopause. Planetary Herbals FULL SPECTRUM™ SOY 1000 contains 40 mg of SoyLife® isoflavones per serving which are naturally occurring and come from non-GMO soy.*

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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