

PLANETARY®

HERBALS

Lemon
Flavor

ASHWAGANDHA LIQUID HERBAL EXTRACT

2 FL. OZ. (59.14 mL)

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 100 drops (approx. 2.5 mL)

Servings Per Container 23

	Amount Per Serving
Organic Ashwagandha Root Extract	2.5 mL†

†Daily Value not established.

Other ingredients: grain alcohol (50%), purified water, vegetable glycerin, and natural lemon flavor.

Suggested Use: 100 drops (1/2 teaspoon) twice daily. May be mixed with water or juice.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if tamper-evident seal is broken or missing. Keep out of the reach of children.

SHAKE WELL BEFORE USING.

Manufactured for:

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