

H·E·BMax Potency
Biotin

10,000 mcg

DIETARY SUPPLEMENT

SUPPORTS HEALTHY
HAIR, SKIN AND NAILS*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

120 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Biotin (as d-Biotin)	10,000 mcg	33,333%

OTHER INGREDIENTS: SOYBEAN OIL, GELATIN, GLYCERIN, YELLOW BEESWAX, TITANIUM DIOXIDE (COLOR).**Gluten Free**

Found in foods such as oatmeal and soy, Biotin, a water soluble B vitamin, helps to support healthy skin and hair.*

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SUGGESTED USE: FOR ADULTS, TAKE ONE (1) SOFTGEL DAILY, PREFERABLY WITH A MEAL.**WARNING:** IF YOU ARE PREGNANT, NURSING, TAKING ANY MEDICATIONS OR HAVE ANY MEDICAL CONDITION, CONSULT YOUR DOCTOR BEFORE USE. IT IS ADVISABLE TO CONSULT YOUR DOCTOR BEFORE USING BIOTIN DOSES ABOVE 2,500 MCG PER DAY. IF ANY ADVERSE REACTIONS OCCUR, STOP USE AND CONSULT YOUR DOCTOR.**KEEP OUT OF REACH OF CHILDREN**
STORE AT ROOM TEMPERATURE (59°-86° F).**MADE WITH PRIDE AND CARE FOR H·E·B®,
SAN ANTONIO, TEXAS 78204
6563-1702****H·E·B****100%**
GUARANTEE
promise

If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.

ACTUAL SIZE

Questions or comments?

1-800-432-3113

Prod No. 57781 B51463 00A

Freshness and potency guaranteed through:

0 41220 11246 3

