



ELDERBERRY SYRUP

(SAMBUCUS NIGRA)

EUROPEAN CLASSIC FOR NATURAL DEFENSES*

8 FL. OZ. (236.56 mL)



HERBAL SUPPLEMENT
Approved by
Michael Tierra L.Ac., O.M.D.

Supplement Facts

Serving Size 1 Teaspoon (approx. 5 mL)
Servings Per Container 47

	Amount Per Serving	%DV
Calories	35	
Total Carbohydrate	4 g	1%*
Elderberry Extract	5 mL	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: honey, grain alcohol (20-30%), and purified water.

Suggested Use: 1 teaspoon 1 to 2 times daily.

STORE IN A COOL, DRY PLACE.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. Not for use by children under 2 years of age.

Do not use if tamper-evident seal is broken or missing. Keep out of the reach of children.

In the herbal traditions of Europe, elderberry has been used since antiquity as a wine, a syrup, and a warming winter cordial. The berries are rich in bioflavonoids and anthocyanins, a unique class of constituents known for their beneficial effect on cellular function, and particularly for their role in maintaining the integrity of capillary walls.

Planetary Herbals delicious **ELDERBERRY SYRUP** captures these unique compounds, uniting age-old tradition with modern science to support natural defenses.*

Created for Planetary Herbals by licensed acupuncturist and clinical herbalist Michael Tierra. A clinician since 1972, Michael is an authority on the world's herbal traditions, and has authored several respected herb books.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
© PLANETARY HERBALS, LLC
P.O. BOX 1760
SOQUEL, CA 95073
www.planetaryherbals.com

0 21078 10291 5

PF0291 REV K151