

USAGE: Take 1 capsule per day or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Inositol is readily absorbed and used to produce the active inositides as necessary.* The various forms of inositol (phosphatidylinositol and inositides such as IP3) are active in cell-to-cell communication, (e.g., transmission of nerve impulses).* Tissues that are affected include the brain, liver and muscles.* Inositol is an indirect source of glucuronic acid, which is essential to liver detoxification.* Inositol is derived from rice bran and is made in Japan by Tsuno Rice Company.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Jarrow FORMULAS®

INOSITOL

750 MG MYOINOSITOL PER CAPSULE

Pharmaceutical Grade

**Promotes Liver Function*
and
Cellular Detoxification***

**750 mg 100 Vegetarian Capsules
Dietary Supplement**

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

	Amount Per Capsule	% DV
Inositol	750 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide and cellulose. Capsule consists of hydroxypropylmethylcellulose.

Store in a cool, dry place. Do not refrigerate.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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