



Valerian

450 mg

RELAXATION & REST* DIETARY SUPPLEMENT

100 CAPSULES

Whole Herb

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: For adults, take five (5) capsules at bedtime. Capsules may be opened and prepared as a tea. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 5 Capsules
Servings Per Container 20

Amount Per Serving	%Daily Value
Valerian <i>(Valeriana officinalis)</i> (root)	2,250 mg (2.25 g) **

**Daily Value not established.

Other Ingredient: Gelatin (Bovine).

Distributed by: CVS Pharmacy, Inc.
One CVS Drive, Woonsocket, RI 02895
© 2017 CVS/pharmacy
CVS.com® 1-800-SHOP CVS V-19514



Actual Size

Valerian has been traditionally used to support relaxation.* Valerian is also an excellent companion for occasional sleeplessness.*

CVS Health™'s Natural Whole Herb products utilize ground plant parts to provide the natural components found in nature. Herbs have a distinct natural odor and color.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by children.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

273795



Prod. No.
58962
B3390 00A