## DIGESTIVE GRAPE BITTERS™

SUPPORTS DIGESTION\* 8 FL. OZ. (236.56 mL)

HERBAL SUPPLEMENT

Formulated by Michael Tierra L.Ac, O.M.D Supplement Facts

Serving Size 1 Teaspoon (approx. 5 mL) Servings Per Container 47

## **Amount Per Serving**

Proprietary Extract Blend:

5 ml + Gentian Root, Angelica Root, Astragalus Root Bai-Zhu Atractylodes Rhizome, Dill Seed, Juniper Berry, Oregon Grape Root, Yerba Santa Leaf, Cardamom Seed, Ginger Root, Yarrow Leaf and Flower, Coriander Seed, Galangal Rhizome, with essential oils of Anise Seed and Orange Peel.

†Daily Value not established.

Other ingredients: purified water, grape juice concentrate, and grain alcohol (20-30%).

Suggested Use: 1 teaspoon twice daily. Take 1/2 hour before meals, or after a heavy meal.

WARNING: Do not use if you are pregnant, may become pregnant, or breastfeeding, unless under the direct supervision of a health care professional. SHAKE WELL BEFORE USING.

The use of herbal bitters has been an integral part of almost every herbal tradition in the world. Extensively used in Europe, herbal bitters help enhance digestion and assimilation by stimulating taste receptors on the tongue. This increases the flow of bile from the liver. which supports both digestion and the body's natural cleansing processes. Bitters are especially beneficial when taken after a heavy meal.\* Planetary Herbals DIGESTIVE GRAPE BITTERS™ provides you with three main classes of bitter herbs - tonic, warming, and aromatic bitters

Do not use if tamper-evident seal is broken or missing. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

