

PLANETARY[®]
HERBALS

THREE SPICES SINUS COMPLEX™

TRADITIONAL AYURVEDIC FORMULA

1,000 MG • 180 TABLETS

HERBAL SUPPLEMENT

Formulated by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Sugar	1 g	†
Sodium	5 mg	<1%

Proprietary Blend: 2 g †
Ginger Root, Long Pepper Fruit, Black Pepper Fruit,
and Dehydrated Honey.

*Percent Daily Values (% DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: acacia gum, sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

Contains wheat and soy.

Suggested Use: 2 tablets twice daily between meals.

Planetary Herbals **THREE SPICES SINUS COMPLEX™** is modeled after the famed Trikatu formula of the 5,000 year old tradition of Ayurvedic herbalism. Used for more than 1,000 years, this warm and spicy blend has traditionally been used to support digestion, the lungs and sinuses.*

WARNING: Not for use by women who are pregnant, may become pregnant, breastfeeding, or by children under 1 year of age.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:
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