

Folic Acid is an essential B Vitamin that supports heart health.* In addition, women who consume healthful diets with adequate folic acid may reduce their risk of having a child with birth defects of the brain or spinal cord.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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 **Nutrition Questions or Comments?**
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NATURE'S  BOUNTY®

Folic Acid

400mcg

**Supports
Cardiovascular
Health***



1 PER DAY

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Folic Acid	400 mcg	100%

Other Ingredients: Vegetable Cellulose, Calcium Carbonate. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Suitable for Vegetarians

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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250 tablets VITAMIN SUPPLEMENT